



Customized Employer Wellness Solutions

- Designed exclusively to fit your company using best practices and the latest innovations
- Dedicated team of doctors and certified corporate wellness specialists*
- Award-winning wellness strategies to lower costs and retain healthier employees
- Sophisticated personal wellness portal with resources and mobile app

Includes:

- Strategic wellness plan development, implementation and monitoring
- Creative personal/team challenges for well-being and lifestyle improvement
- Engagement-driven incentives
- Real-time measurement, monitoring and reporting

*Modeled after MetroHealth's wellness program with 6,000+ employees which has maintained a positive return on investment since 2012 with high employee participation



"The SkyWell product was the key to the success of our newly implemented Wellness Program at John Carroll University.

The support you receive from the team is phenomenal, and the portal tool is customizable to allow for the marketing of many events.

I highly recommend SkyWell to any company who wants to take wellness to a new level!"

L.S. Assistant Director, Human Resources
John Carroll University



SkyWell is one of the health and wellness products developed by Skyway Health Solutions, part of The MetroHealth System

Award Winning Results for Clients

Our first wellness client, HKM Direct Market Communications, started their wellness program with SkyWell three years ago as has already achieved two Healthy Bronze Awards

from the Ohio Department of Health and the Healthy Ohio Business Council. This award recognizes Ohio employers who demonstrate a commitment to employee wellness through comprehensive worksite health promotion and wellness programs encouraging employee health, enhancing productivity and ensuring a healthy work environment.



John Carroll University achieved a Healthy Silver Award in their second year with Skywell and the **Cuyahoga Metropolitan Housing Authority achieved a Certificate of Recognition.**



Skywell is modeled after MetroHealth's Award-Winning Program

- **2018 Healthy Gold Award** from the Ohio Department of Health and the Healthy Ohio Business Council is the third gold award for the MetroHealthy employee wellness program.
- 79% of benefit-eligible employees participated, a 3% increase from 2017, and over 1,000 spouses participated
- Sick Hour Use Trends: Over 4 years, continuous participants on average used 23% fewer sick hours than non-participants
- Significantly increased rates of healthier behaviors per online health assessment data over the last 5 years, especially in the areas of nutrition, stress management, sleep and tobacco cessation



Enhance Your Approach with:

- On-site health & safety workplace assessment
- Certified health coaches to guide and motivate employees
- Biometric screenings and flu shot events
- Population health management services
- Health talks and health fairs

For a complimentary wellness assessment or more information, call us at 440-592-1120

Visit skyway.healthcare/wellness